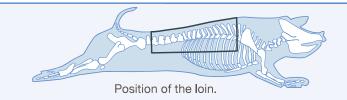
## Gloucester Ribs Rack - Ioin



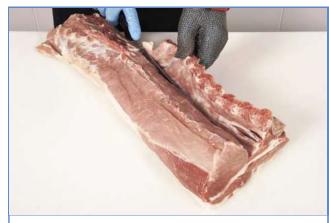
Code: **3055** 



1 After removing the London ribs ...



2 ... (vertebrae) section of the loin leaving a minimum of 20 mm meat on the bone.



3 Remove the rib section starting at the top of the eye muscle. Follow the seam of the eye muscle leaving all remaining muscles and loin tail on the rib section.



4 Make a straight cut to separate the eye muscle from the rib section.



5 Gloucester Ribs Rack - Ioin.



6 Gloucester Ribs Rack - Ioin.